DON’T KNOW HOW TO FIND A JOB?

FEEL NERVOUS ABOUT JOB INTERVIEWS?

WORRIED THAT YOU WILL BE BADLY TREATED IN THE WORKPLACE?

DON’T STRESS!

WE OFFER FREE INFORMATION ON:

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• PREPARING FOR INTERVIEWS
• YOUR RIGHTS IN THE WORKPLACE
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The Mywage website supports the Decisions for Life campaign. Decisions for Life empowers young women as they face important choices regarding work and home. The campaign brings young women together to tackle issues like job-seeking, rights in the workplace and getting a work/life balance. Decisions for Life is about women helping other women to be the best they can be.

DECISIONS FOR LIFE CONTACT: Labour Research Service on 021 447 1677
YOUNG WOMEN MAKE DECISIONS FOR LIFE!

The Decisions for Life campaign is all about women helping other women to empower themselves. The campaign supports young women to fight for decent work conditions, to enjoy a healthy work/life balance, and to develop their leadership skills.

YOUNG WOMEN FACE IMPORTANT ISSUES SUCH AS:
- Choosing a career
- Handling challenges in the workplace
- Getting a work/life balance
- Keeping healthy
- Planning for the future

DECISIONS FOR LIFE
ORGANISING YOUNG WOMEN

YOUNG WOMEN DESERVE TO BE THE BEST WE CAN BE
WE DESERVE DECENT WORK FOR A DECENT LIFE
WE DESERVE TO BE LEADERS AND DECISION-MAKERS

What is Decisions for Life?
Young women face important decisions as they begin their working life, when they get married and when they become mothers. These decisions – about careers, partner choice, family planning and getting a work/life balance – can be tough. The Decisions for Life campaign empowers young women as they make choices regarding work and home. The campaign brings young women together to tackle issues like job-seeking, workplace rights and balancing personal and work lives. Decisions for Life is about women helping other women to be the best they can be. The campaign supports young women to fight for decent work conditions, to enjoy a healthy work/life balance, and to develop their leadership skills.

Who is involved?
The Decisions for Life campaign is carried out in 14 countries in Africa, South America, Asia and the CIS (Commonwealth of Independent States, in the former Soviet Union). It forms part of the International Trade Union Confederation (ITUC) "Decent Work Decent Life for Women" campaign and was designed within the framework of Millennium Development Goal 3 (MDG3) to promote gender equality and empower women. Other partners include the global union UNI, the Wage Indicator Foundation and the University of Amsterdam.

In South Africa, the Decisions for Life campaign is supported by the four national trade union centres, COSATU, NACTU, FEDUSA and CONSAWU, as well as several additional trade unions and women's NGOs.

Where does Decisions for Life operate?
The Decisions for Life campaign operates around South Africa, with teams based in Cape Town, Johannesburg, Durban and Mpumalanga. Young women workers are involved in the planning, co-ordination and implementation of activities, with the assistance and partnership of mentors. While there is an emphasis on organising young women in the services sector (such as sales staff, hotel housekeepers and call centre operators), the reach is broad. In South Africa over 1000 women have taken part in workshops, debates and discussions on topics that directly relate to their lives. There have also been visits to hospitals and clinics, health awareness days, femidom demonstrations and career market days.